Volunteer & Intern Abroad

Discover what you’re capable of.

www.projects-abroad.org
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/ProjectsAbroad  @projectsabroadglobal
Why we’re the gold standard in volunteering and interning abroad

We’ve been doing this since 1992, making us experts when it comes to volunteer trips and internships abroad.

The gold standard of staff support

Safety is everything to us and has been for three decades. We would never dream of contracting out your safety to agents and third parties, as some do. Instead, we employ, thoroughly vet, and train all our own staff. Together, we provide a world-class support network to help you thrive.

Make a real impact

We don’t leave our positive impact up to chance. Every one of our projects is carefully planned and monitored, so we know we’re making the positive change we’re committed to.

Hassle-free approach

We take care of everything, so you don’t have to. Shopping around for insurance, organizing airport pickups, and finding safe, clean accommodation all takes time and extra money. We take care of it all for you, and it’s included in the price as standard.

Our mission

To provide the gold standard of support and safety, so our volunteers and interns can fulfill their potential, discover themselves and create positive change in the world.

Our values

Realizing potential

We’re committed to helping you discover what you’re capable of. We want your passion and dedication to be put towards making the world a better place.

Building meaningful connections

We have the biggest and longest standing international network of people who work together to make the world a better place. Real connections are at the heart of what we do.

Transforming through travel

We want to empower you to explore the world, experience different cultures, and truly understand the specific issues in the places you visit.

Changing individuals & communities

We work closely with local communities as we plan, run and evaluate our projects so we can guarantee that all our projects add significant value. This means that you can truly contribute while you learn and grow.

Visit [www.projects-abroad.org/gold](http://www.projects-abroad.org/gold) for details.
Tick these countries off your bucket list

Choose from one of our trip formats:

- **Flexi Trips**: Projects with flexible dates and duration for volunteers and interns aged 16+
- **Team Trips**: Fixed date projects with set itineraries for volunteers and interns.
- **Group Trips**: Specially tailored projects for 5 or more people.
- **Middle School Specials**: Fixed-date projects with set itineraries for volunteers aged 12-15.
- **High School Specials**: Fixed-date projects with set itineraries for volunteers and interns aged 15-18.
- **Grown-Up Specials**: Fixed-date projects with set itineraries for volunteers aged 50+

*The Projects Abroad staff could not be a friendlier group of people, and in many respects, they made my time here as enjoyable as possible. Whenever I had any questions or concerns, they were always there to offer assistance, which always put me at ease.*

Jeffrey H, Medicine in Vietnam

*If you’re like me and this is your first time in a new country or your first time traveling alone, you have nothing to be afraid of! The staff at Projects Abroad will show you around to make sure that you know everything that you possibly need to know.*

Emily E, Childcare in Argentina
Do volunteer work you’re passionate about

Conservation & Environment  Archaeology  Building  Childcare

Join an internship for experience

Business  Law & Human Rights  Medicine & Healthcare

Learn through cultural exchange

Cultural Immersion  Learn a language

What does all-inclusive mean?

To make your trip as smooth as possible, we plan everything for you. We want you to concentrate on what really matters: discovering what you’re capable of.

You’ll get:

- Unrivalled staff support
- A worthwhile placement
- A detailed itinerary
- Organized social activities
- A welcoming host family or accommodation

Visit www.projects-abroad.org/all-inclusive/ for details.

Why pay to volunteer or intern?

The fee you pay keeps vital volunteer projects and internships running across the globe. Your fee covers your meals, accommodation, transport, and medical and travel insurance. But there’s more to it than that.

It includes the training of dedicated staff around the world and the funding of projects. With your fee, we put rigorous safety and security measures in place, which is just another reason why we’re the world leaders in volunteering and interning abroad.

Visit www.projects-abroad.org/prices/ for details.
Our impact

All of our projects and internships support communities in need, encourage cultural exchange, and develop important skills that’ll advance your future.

We set short and long-term goals to ensure we’re meeting the needs of the community. They allow us to structure our work and focus resources on the most important goals which are in line with the United Nations Sustainable Development Goals.

To achieve our goals, our staff, volunteers and interns monitor overall progress using specialized checklists and profiles.

Here are a few of the highlights that we’ve tracked:


Last year we:

- Planted over **57,700 trees**, including mangroves
- Released over **100,000 turtle hatchlings**
- Supported the education of over **14,000 children**
- Built, renovated and improved the learning environment for over **7,400 students**
- Performed health screenings for over **24,250 community members** at medical outreaches
- Ensured access to clean water for **3,000 community members**
- Awarded interest-free loans to **210 beneficiaries** to grow their business

Our accreditations:

If you’re ready to *discover what you’re capable of*, get in touch with one of our Project Experts now!

Projects Abroad

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