Medical Management Plan
2017 – 2018
Hanoi, Vietnam

About the Medical Management Plans

This document explains the bigger picture of our projects in Vietnam and how the combined daily tasks of all of our volunteers help us to achieve long term goals. By following Task Lists, our volunteers work towards our Goals, through which we contribute to our Medical Programme Mission which combined with our other projects, helps us to reach our Company Mission.

Here we will lay out the priorities, resources, monitoring tools and evaluation systems used to make our ambition a reality.

Our Resources

<table>
<thead>
<tr>
<th>Human Resources</th>
<th>Physical Resources</th>
<th>Online Resources</th>
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<tbody>
<tr>
<td>• Volunteers are of course our primary resource to achieve our goals. We welcome over 2,300 Medical volunteers per year globally.</td>
<td>• With over 50 Projects Abroad offices worldwide, there is always somewhere for volunteers to work together and share experiences</td>
<td>• Our Volunteer Resources Database shares thousands of ideas among our community</td>
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<td>• The staff at our placements support and facilitate our actions</td>
<td>• We provide all necessary materials for medical outreaches</td>
<td>• Online reports are used to track our projects all over the world</td>
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<td>• Over 600 Projects Abroad staff members provide the structure we need for worthwhile projects.</td>
<td></td>
<td>• Personalised MyProjectsAbroad webpages prepare each volunteer for their Medical project.</td>
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<tr>
<th>Financial Resources</th>
<th>Intangible Resources</th>
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<td>• Funds for all of Projects Abroad’s work come solely from volunteer placement fees. These are distributed via monthly budgets, to ensure fair allocation of funds for each destination.</td>
<td>• The good reputation of volunteers in local communities is what makes our work possible. This reputation has been earned over years of dedicated volunteer contribution.</td>
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<td>• Occasionally the Projects Abroad community may send donations directly for a specific placement or project.</td>
<td>• This is supported by the combined knowledge of our extensive staff network.</td>
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Our Medical Management Plan Goals in Vietnam for 2017-2018

The following goals have been selected from a list of seven by our local staff and partners. Each placement and volunteer may be working on one or more of these goals, in line with our Medical Ethics Policy and taking into account the volunteer’s qualifications and level of experience. We arrange workshops, outreaches and assist with independent research projects as a means of working towards each of these goals.

**Encourage an Understanding of Medical Practices and Promote an Exchange of Medical Knowledge**
Many of our Medical volunteers have no or little experience within the medical field. Their project allows them to gain invaluable insight into the healthcare system and procedures within a developing country, as well as prevalent local diseases. We aim to create a platform for a true cultural exchange, with volunteers learning from local staff as well as sharing their experiences with one another.

**Improve the Quality of Healthcare Provided to Patients**
Thanks to the work of volunteers and occasional donations of materials and equipment to local institutions we work with, we are able to help improve the quality of care provided to patients. Volunteers with prior experience and who prove themselves to be committed and proactive will be able to lend a hand and become an extra workforce alongside permanent staff in understaffed government institutions, thus allowing all staff the time required to offer the right level of dedicated care to patients.

**Improve the Quality of Specialised or Alternative Healthcare Provided**
Vietnam has a large disabled population due to war and disease, but resources and funding available to people living with disabilities remain limited, meaning patients often lack the necessary support and healthcare. Our volunteers work alongside partner institutions to promote the development and independence of people with disabilities, with the parallel goal of changing people’s attitude towards disabilities. Local staff sometimes lack the specialist knowledge required to correctly treat these patients, so professional volunteers also assist in their training and development.

**Improve Hygiene Standards**
Standards of cleanliness and sanitation within different institutions (hospitals, schools, orphanages) are often quite poor. Many people also come from low income families where this is not a priority. A lack of hygiene leads to infectious diseases which in turn affect the country’s economic development. Low sanitation levels are often due to a lack of education as well as a lack of financial means. We educate, raise awareness and run activities to promote proper hygiene with the aim of improving the overall health of the population.

**Improve Access to Basic Healthcare for Disadvantaged Groups**
80% of the population of Vietnam still live in rural, agricultural areas, where conditions are tough and access to doctors and healthcare services is limited, notably due to lack of funding. Though improvements are being made in expanding social health insurance, but universal coverage has not yet been achieved. Through our community outreach programme of visits to local care centres, schools and nearby villages, we aim to provide basic healthcare to some of these vulnerable groups as well as raise awareness about some of the more pressing health issues facing the country.
How we achieve our goals

Assessment
Through specially designed reports and structural research, we pinpoint locally relevant issues. This information will help us determine the methods and areas for intervention within local communities.

Identify areas of need
Through research and data gathering, we can identify the areas that most need human or material resources. This helps volunteers to know which healthcare topics need further education as well as which ailments are most affecting local communities, so that targeted intervention can be organised.

Assess
- Country data & statistics
- Medical reports data
- Placement visits

Identify areas of need
- Country & community data
- Staff and volunteer feedback

Targeted intervention
Through our steady stream of volunteers year round, we are continuously targeting the areas of need determined by our data. Although a 4 week volunteer might not see a tangible difference in the time they are there, we are able to show that over longer time frames each and every volunteer contributes to long-term, sustainable impact.

Targeted intervention
- Application of plans
- Assessment of impact through Outreach reports

Planning & Training
Based on the areas of need we create Task Lists, workshops and community outreaches to direct our impact to where it is most needed. Resources are designed by volunteers and these are shared on the Volunteer Resources Database.

Planning & Training
- Workshops
- Tasks List
- Resources: Volunteer Resources Database + office materials